VINCENT EAR, NOSE & THROAT (ENT), THYROID, HEAD & NECK BIOPSY & SURGERY SPECIALIST CLINIC

KPJ KLANG SPECIALIST HOSPITAL
vincent enthns

DR. VINCENT TAN (RESIDENT CONSULTANT ENT, THYROID, HEAD & NECK SURGEON),
MD (UKM), MS ORL-HNS (UKM), DOHNS RCS EDINBURGH (UK), MRCS EDINBURGH (UK),
POSTGRAD. CERT IN ALLERGY (SOUTHAMPTON, UK)
FELLOWSHIP IN RHINOLOGY (SINGAPORE), FELLOWSHIP IN HEAD & NECK ONCOLOGY & SURGERY (AMSTERDAM)

www.vincentENTHNS.com *www.biopsy-thyroid-ENT.com* *www.thyroidKL.com*

Vincent ENT
Committed to YOUR Well-being

EAR DROPS APPLICATION

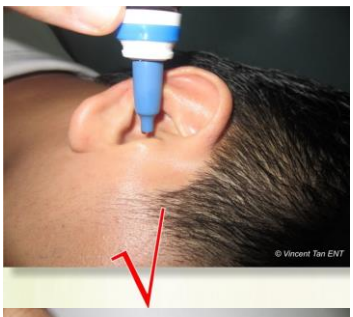
Lie down with the ear to be treated facing upwards

If there is pus or discharge over the external auditory meatus (opening of the ear), clean it away gently with a cotton bud.
Alternatively you can roll some cotton into a sharp ended tip.

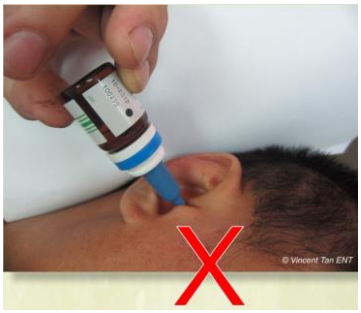
In an adult, pull the ear pinna upwards and outwards to straighten the outer ear canal.

In a child, pull the ear pinna outwards and downwards instead.

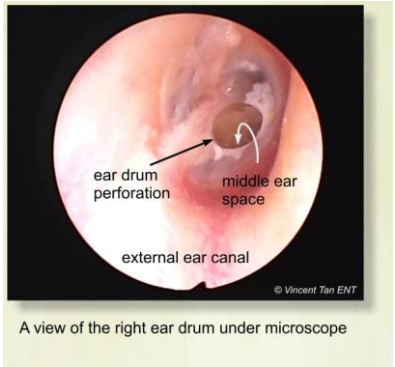
Ensure that the ear drop solution is at body temperature (about 37 degrees Celcius) before instillation. Warm the solution by hand prior to use, if necessary.
Too cold a solution in the ear may cause extreme giddiness and nausea.

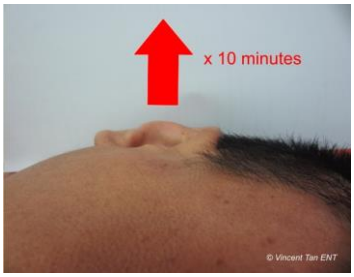


Avoid direct contact between the tip of the solution container and the ear as you instill the ear drops (number of drops as prescribed by your doctor) into the external ear canal.



If ear drum perforation is present, the tragus should be massaged several times to displace the solution into the middle ear (i.e the space behind the ear drum)





Hold the head in the position over the next 10 minutes.
Rise up after that, placing clean tissue paper/cotton against the ear.

Repeat the instillation as directed by your doctor i.e Twice or Three times a day.